

JULY 21, 2024 | 16TH SUNDAY IN ORDINARY TIME

St. Mary

CATHOLIC CHURCH
Every Parishioner's Involvement Counts



1749 Racine Ave NE | Solon, Iowa 52333 | 319-624-2228 | www.solonstmary.org

SUNDAY MASSES

Saturday 5:00 PM
Sunday (Stream Available) 8:30 AM
Sunday 10:30 AM

DAILY MASSES

Monday - Wednesday 9:00 AM
(Stream Available)
Thursday @ Solon Care Center 9:30 AM

ADORATION

Monday 6 PM - 9:30 PM
Friday (Rosary/Adoration) 9 AM - Noon

CONFESSION

Monday 5:00 PM to 6:45 PM
By Appointment 319-624-2228

Welcome to St. Mary!

If you are new to our community and not yet registered, we invite you to call or stop by the Parish Office. Forms can be found on our website: www.solonstmary.org

OFFICE HOURS: 9:00 AM - 2:00 PM

PASTOR: Rev. Charles Fladung

Email: fladungc@diodav.org

Deacon David Krob

Email: krobd@diodav.org

Deacon Mitch Holte

Email: holtem@diodav.org

Office Manager: Nichole Wander

solonstmary@diodav.org

DRE/SEC: Erin Guthrie

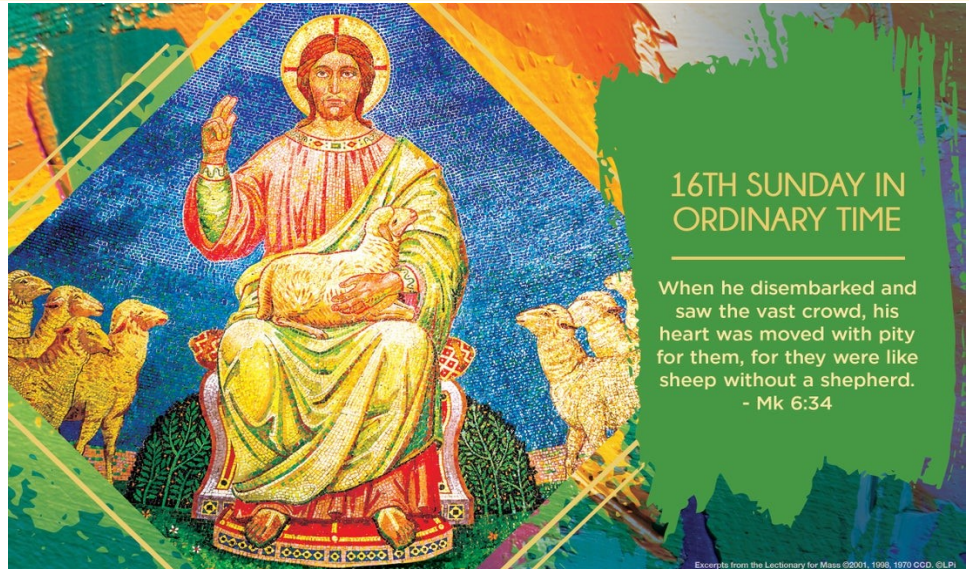
solonstmarydre@diodav.org

Music Ministry: Cary Brock

solonstmarymusic@diodav.org

Youth Ministry: Jerrod Hilton

solonstmaryym@diodav.org



Thank you to everyone who helped make Totus Tuus 2024 a great success at St. Mary this summer! Special thanks to our missionaries, youth and adult volunteers, DRE Erin Guthrie and Fr. Charles!

Parish Mission:

Come to know, love and serve God by knowing, loving and serving our neighbors through the Divine Mercy of Jesus Christ.

Parish Vision:

To be a Christ centered sacramental parish community, forming intentional disciples while nurturing personal relationships with Jesus.

GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

July 21, 2024 | 16th Sunday in Ordinary Time

Burnout. Recent studies suggest that roughly two-thirds of doctors and nurses have signs of it. You probably know what burnout is: long-term stress leading to emotional exhaustion and a lack of a sense of personal accomplishment. Burnout can threaten anyone who tries to seriously serve and love others. How does our faith inform this challenging experience, and how do we find refreshment?

The apostles face something like burnout this week in Mark 6. They are run down from their missionary work, and Jesus says, “Come away by yourselves to a lonely place, and rest a while.” For them, and for us, it takes humility to intentionally rest. It means the world can go on without us. It stings our pride to admit God is necessary and we are not. Choosing to leave our good work to be with him — whatever the cost — is an act of humble faith. And that trust in God begins to revive us.

But there’s more to it. Hilariously, Mark tells us that throngs of needy people find out where the apostles are going and arrive ahead of them. Imagine the exasperation of the burnt-out apostles. “Can we please get a minute to ourselves? This is not healthy!” And Jesus seems to encourage the boundary violation by telling his frayed followers to feed the crowd. Look: once we move into humble rest, he calls us to more work, because we are made for love, not for rest. But Jesus does the vast bulk of the labor. He himself is the one who multiplies the small offering until everyone is satisfied.

What finally gives our heart rest isn’t more vacation time. It’s experiencing the super abundant generosity of God for us and those whom we serve.— Father John Muir ©LPi



(PRACTICING) CATHOLIC RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

By Colleen Jurkiewicz Dorman

A Deserted Place

In one of my favorite shows, “Parks and Recreation,” there is a scene where one of the characters, Jerry, is tasked with stuffing hundreds of envelopes with flyers as part of his volunteer work for a local city council campaign.

Jerry’s efficient, almost mechanical completion of the job amazes his coworkers, who gather to watch in awe while he folds, inserts, seals, and stamps — over and over again. After several hours, the huge pile of envelopes is finally ready for mailing ... and Jerry realizes that he has stuffed them all with the wrong piece of paper.

“I always say, it ain’t government work unless you do it twice,” he quips as he restarts the task.

In any work, no matter how worthy or fulfilling it is, there is a point where the task transforms into mere routine. It can happen with anything: ministry, marriage, parenthood, even prayer. There is no shame in this. It doesn’t mean that we don’t enjoy these pursuits or feel passion for the mission inherent in them.

It only means that we are human, and we get tired.

When the Apostles return from their travels, Jesus recognizes their exhaustion. He encourages them to “come away to a deserted place.” He inhabits a human body, so he knows the weariness to which it is subject. He knows what it is to be tired, to be hungry. He knows that it’s hard to do the work when your body is failing you.

It’s important for us to recognize those times when Jesus is calling us to a deserted place — and it’s important for us to follow him there, even if we are pursued by feelings of doubt and guilt, just as the Apostles were followed by crowds hungry for their ministry.

Solitude is not selfishness. Contemplation is not idleness. To withdraw does not mean to run away.

The work we do — whatever it is — deserves our whole strength. If we have lost that, there is only one place we are sure to find it again.

“He said to them, ‘Come away by yourselves to a deserted place and rest a while.’” — Mark 6:31

©LPi



*Eternal rest grant unto her, O Lord,
and let perpetual light shine upon her.*

*May her soul, and all the souls
of all the faithful departed,
through the mercy of God,
rest in peace.*

~Amen~



*Agnes Gogel
1930 - 2024*

Cannan James Siddell
Baptized
July 14, 2024

Son of
Mikayla & Rory



Baptism
Congratulations to our Newly Baptized!

Concert with Steve Angrisano
Wednesday, August 21 | 6:30pm

The summer Mary's Meals Tour with Steve Angrisano is back and St. Mary will be hosting a the free concert on Wednesday, August 21. El Sol's food truck will be on site for anyone wishing to purchase food beginning at 5:30pm. The concert will start at 6:30pm and conclude with an update on Mary's Meals from Ellen Miller and Adoration. This free concert will now be taking place in the sanctuary. Please plan to join us on August 21!

Share the gift of LIFE at the Johnson County Fair—July 20-24

Volunteers Needed: *Johnson County Right to Life* is looking forward to another successful year at the fair as we educate our community about the value of LIFE. Volunteer for a shift at our booth and share the gift of life. Shifts available Sat.-Wed. 10am-7pm. To volunteer, please contact Sheryl at [\(319\) 855-8475](tel:3198558475) or visit www.jcrtl.org

Weekly Offering

July 6, 2024 - July 12, 2024

Online Giving	\$ 1,467.60
Weekly Collection	\$ 10,851.50
Building Fund	\$ 305.00
Works of Charity	\$ 15.00
Peter's Pence	\$ 85.00

Online Giving



July 24 Money Counters:
**Diane, Kathy, Pat*

Contributions may be made by leaving in collection box during Mass, online or by sending funds by mail to St. Mary with your weekly envelope included

Thank you for your continued support of St. Mary!

When offering by form of check for multiple causes, please include separate checks for each cause to help with accounting purposes.

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CHRIST OUR LIFE

September 28 & 29, 2024
 WELLS FARGO ARENA
 DES MOINES, IOWA



EXCITING OPPORTUNITY FOR YOUTH & FAMILIES
FREE TICKETS!!

For youth 23 or under, **FREE** tickets are being made possible by generous donors.

Families are encouraged to attend and enjoy the conference together.

Adult tickets: \$ 30

To get your free youth ticket, register online at:

ChristOurLifelowa.com

A ticket is required for admittance for all.

September 28 & 29, Wells Fargo Arena

Let's Believe...Live...and Celebrate Our Faith!

Volunteer Needed for Friday Adoration

Adoration is offered every Friday from 9am to Noon. We are in need of a volunteer for the **11am to 11:30am time slot**. (Note: subs are available if needed on occasion) If you are able to help, please contact Nichole in the office: 319-624-2228 | solonstmary@diodav.org



Are you or someone you know interested in becoming a Catholic? Please contact Nichole in the parish office for more information regarding OCIA classes at St. Mary and learning more about the Catholic Faith.

New to St. Mary? Welcome!
 New Member Registration forms are available on the St. Mary Parish Website:
www.solonstmary.org/new-members
 Or by emailing the parish office:
solonstmary@diodav.org

High School Summer Youth Group

Date:
Wednesday Nights
Time:
7pm
Where:
St. Mary, Solon
Church Backyard or downstairs TV room
during bad weather
Who:
High School students who have been confirmed



FR. TIM SHEEDY
POLAND PILGRIMAGE
ST. JOHN PAUL II, ST. FAUSTINA
& ST. MAXIMILIAN KOLBE

September 23—October 1
To join the pilgrimage or for more information, visit
www.206tours.com/frsheedy/

Music on
MAIN ST

SUMMER 2024
Bring your lawn chairs and enjoy a family night out in Solon

7:00 PM WEDNESDAYS
Main Street Stage • Solon

JULY	AUGUST
3 Jake Rebman and the Waitin Rounders Featuring Chase Samek on steel guitar Country	7 Still Waters Praise Team Featuring Jacob and Jenna Metzler Christian
10 Bob and Dean Country Rock Country	14 Kickin Country Band Country
17 Alex and Molly Mix Concert to be held at Meadowlark Acres/ Solon Senior Housing on Racine Dr.	
24 Kiersten Conway and the Townline Septet Jazz	
31 The Radio Flyers Featuring Jeff Allen 50's, 60's and originals	

For Details
Contact Nancy Upmeyer,
319-331-1553

REMINDER IN THE EVENT OF BAD WEATHER, THE PERFORMANCE IS CANCELED. NO RAIN LOCATIONS.

2024-25 Registration now open!
(For youth entering K-12th Grades)

FAITH FORMATION

Contact Erin Guthrie, DRE with questions:
solonstmarydre@diodav.org

©LPi

Parish Calendar

Monday, July 22
9:00 am Daily Mass
No Confessions or Adoration
5:00 pm -7:00 pm Peg Stritestky Visitation
7:00 pm KC Meeting

Tuesday, July 23
10:00 am Funeral Mass for Peg Stritesky
4:00 pm -7:00 pm Agnes Gogel Visitation

Wednesday, July 24
10:30 am Funeral Mass for Agnes Gogel

Thursday, July 25
9:30 am Mass @ Solon Care Center

Friday, July 26
9:00 am Rosary w/ Adoration until Noon

Saturday, July 27
6:30 am Fishers of Men Prayer Group
5:00 pm Mass

Sunday, July 28
7:00 am Fishers of Men Prayer Group
8:30 am Mass
10:30 am Mass

DONATE TO THE FOOD DRIVE

Monthly KC Food Drives
Bring non-perishable food items and supplies to Mass the first full weekend of each month to help support the Solon Food Pantry, helping those in need.

ST. MARY L.I.F.T. MEETINGS
(Ladies In Fellowship Together)

1st Tuesday of Each Month:
Needlework
(All skill levels welcome!)
Next Mtg: August 6
1 pm | Parish Library

3rd Tuesday of Each Month:
Cards/Games
Next Mtg: August 20
1 pm | Parish Library

EVERY Friday: Join for The Rosary & Adoration
9am - 10am | Sanctuary

St. Monica's Tears
1st Saturday each Month
is far from 8am | Sanctuary

SAINT MONICA
All are welcome to join to pray for the return of those who have turned away from the church.

FISHERS OF MEN

SATURDAYS 6:30 AM
SUNDAYS 7:00 AM

Parish Information

Parish Council:

Director - Geri Kohlhaas (515-890-9912)

Director - Mark Prentice (markmp@southslope.net)

President - Mark Sovers (319-331-1849)

Vice President—Ruth Myers (319-331-1827)

Recording Secretary - Cathy DeValk

Council Members - Salina Hemann, Theresa Bonnema, Chris Bruck, John Donatelli (alternate)

Finance Council: Adam Stahle (Chair), Cheryl Krob (Secretary), Byson Croy, Mark Pattison, Ron Holubar

Faith Formation: For information regarding Religious Education for your school aged child, contact **Erin Guthrie, DRE**, at 319-624-2228 or solonstmarydre@diodav.org

Youth Ministry: Faith Formation is offered following Confirmation through senior year by youth group meetings. Please contact Jerrod Hilton, at 319-624-2228 | solonstmaryym@diodav.org for more information on Youth Group.

Holy Anointing: Do not hesitate to call the parish office in case of serious illness/injury.

Home Bound Ministry: If you are in need of having Holy Communion brought to your home or to a loved one, or if you are interested in helping with this ministry, please contact **Nancy Upmeyer (Parish Nurse) 319-331-1553**

Baptism: Parents having a child baptized at St. Mary's are asked to register for the Baptism Preparation Program before scheduling the Baptism. Visit solonstmary.org to register for Baptism Prep.

Marriage: Preparations must be made at least 6 months in advance of the marriage date. No Weddings are scheduled during Lent.

Culture of Life: Promotes Natural Family Planning (NFP) education through grants, scholarships and reproductive health resources. For more information go to <http://www.solonstmary.org/culture-of-life.html> or email colsolonstmary@gmail.com.

Liturgy Commission: If you would like to be part of Mass by offering your time to serve during liturgy, please contact **Bob Upmeyer**, head of the Liturgy Commission, to discuss areas of interest in serving.

Music Ministry: There are many ways to be involved in music ministry at St. Mary. For more information contact **Cary Brock, director of music ministry**, at solonstmarymusic@diodav.org or 319-624-2228.

Knights of Columbus: All adult males are invited to get involved with Knights of Columbus. This group meets regularly to pray and raise funds for various groups throughout the year. Please contact **Frank Klima (319-621-2103)** with any questions.

Helping Hands: To be part of a parish group that offers fellowship, coordinates special receptions throughout the year and plans fundraisers please contact **Maryanne Harney (marianne.harney@foriowa.org)** to see what Helping Hands has to offer.

Social Action: St. Mary's Social Action committee offers many opportunities to offer ministry and outreach. Please contact the parish office for more information.

Prayer Line: If you want to be part of the prayer line or need prayers, please call the parish office or email solonstmary@diodav.org

Parish Nurse: Nancy Upmeyer serves as our parish nurse and is available to help those who have questions or concerns regarding general health concerns or lining up home care equipment if needed. Please contact her at 319-331-1553 if needed.

Meals for Moms - Expecting a new arrival?: Please call the parish office when your baby arrives, so we can arrange for meals to be delivered.

St. Mary Cemetery: Parishioners and family members seeking information about burial plots can the parish office and ask for Nichole, 319-624-2228.

Parish Hall Rental / Event Scheduling: Please call the parish office with your request to use the St. Mary Parish Hall. 319-624-2228 or solonstmary@diodav.org

To Report Child Abuse: Contact Iowa Department of Human Services Child Abuse Hotline: 1-800-362-2178 and if it involves clergy or church personnel, also notify Alicia Owens, the Victim Assistance Coordinator 563-349-5002; vac@diodav.org or PO Box 232, Bettendorf, IA 52722.

The bulletin submission deadline will be Monday at noon prior to the next weekend's publication. Submit articles to solonstmary@diodav.org
Patronize Our Bulletin Advertisers

The bulletin is provided to St. Mary free of charge thanks to the businesses that advertise. Please consider those who advertise first when shopping for goods and services.

Mass Intentions

Mon.	22	9:00 am	Delores Nalley
Tues	23	10:00 am	Peg Stritestky Funeral Mass
Wed.	24	10:30 am	Agnes Gogel Funeral Mass
Thurs.	25	9:30 am	Carol Priesack @ SCC
Fri.	26	9:00 am	<i>Rosary & Adoration</i>
Sat.	27	5:00 pm	Kay Morris
Sun.	28	8:30 am	English Family
Sun.	28	10:30 am	All The Poor Souls in Purgatory

(2 Week Notice Required to Schedule Mass Intentions)

Liturgical Ministry Schedule

Saturday, July 27, 5:00 p.m. Mass * *Sub is requested*

Altar Server	G., R., B. Laing
Lector	M. McLaughlin (1), M. Christensen(2)
Eucharistic Minister	B. Wieland, J. Thompson L. Manary, J. Burnhardt
Greeters	K. Manary, M. Bretz
Ushers	D. Burnhardt, R. Gaddis T. Stout, S. Hirl
Sacristan	D. Thompson
Musician/Cantor	C. Brock / J. Croscheck

Sunday, July 28, 8:30 a.m. Mass

Altar Server	E. Olsem, J. & L. Vassiliades
Lector	C. Vassiliades (1), T. Hemann (2)
Eucharistic Minister	K. Bradford, M. Bradford V. Schnor, W. Hemann
Greeters	P. Nalley, G. Wojno
Ushers	L. Brecht, M. Erenberger D. Erenberger, B. Koffron
Sacristan	D. Uhl
Musician/Cantor	S. Olsem / B. Upmeyer

Sunday, July 28, 10:30 a.m. Mass

Altar Server	S. Wolfe, A. Wander, F. Grafft
Lector	R. Myers (1) C. Cross (2)
Eucharistic Minister	C. Bruck, D. Bruck J. Maiers, K. Haluska
Greeters	D. Myers, G. Galpin
Ushers	D. Naughton, A. Wieskamp K. Stahle, M. Montgomery
Sacristan	J. Maiers
Musician/Cantor	J. Duncan / A. Kaefring

Join the St. Mary Choir!

The Choir will be singing at Masses during the summer and new members are always welcome! For more information, please contact Cary Brock:

solonstmarymusic@diodav.org

-MUSIC MINISTRY-

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